

# FULLING LIVES

Newcastle Gateshead

## Psychologically Informed Environment (PIE) Training



**Fulfilling Lives Newcastle Gateshead provides a free Psychologically Informed Environment (PIE) training programme to local services.**

[www.fulfillinglives-ng.org.uk](http://www.fulfillinglives-ng.org.uk)



**CHANGING LIVES**

## Who is this training for?

This free training package is aimed at frontline staff and managers of services that come into contact with people with multiple and complex needs, combining two or more of the following: mental health, substance misuse, accommodation, and/or offending.

## What is PIE?

A Psychologically Informed Environment (PIE) is an approach to supporting people out of homelessness, in particular those who have experienced complex trauma. The approach takes into account the psychological make-up and past experience of participants, as well as considering the psychological needs of staff: developing skills and knowledge, increasing motivation, job satisfaction and resilience.

**More information is available at [www.pielink.net](http://www.pielink.net)**

## What is covered in the training?

Training will be offered in how to facilitate a discussion within the service staff team to self-assess where the team feel they are currently at in the key PIE areas. We will support staff to identify what helps and hinders the improvement of their service in this area and agree a realistic plan for service improvement, and a designated PIE Lead for the service will be identified.

In addition, training will be offered to a designated Reflective Practice Lead in how to facilitate reflective practice sessions. No prior knowledge of PIE or facilitating reflective practice is necessary to take on this role as we are offering full training for this role.

These discussions will be evaluated and then repeated six months later to identify any improvements and learning around PIE through the implementation of the two roles. Our Research and Evaluation Lead will be able to evaluate the learning and improvement and produce a report for those taking part.

Training is offered on a quarterly basis in Newcastle and Gateshead.  
For more information, contact our Workforce Development Lead:  
[Ray.Middleton@fulfillinglives-ng.org.uk](mailto:Ray.Middleton@fulfillinglives-ng.org.uk) or visit our website for latest dates.