

FULLING LIVES

Newcastle Gateshead

Peer Research Development Training



At Fulfilling Lives Newcastle Gateshead we are developing a peer research offer to better understand multiple and complex needs issues in our sector.

www.fulfillinglives-ng.org.uk



**CHANGING
LIVES**

Who is this training for?

Our free peer research and evaluation package is available to all services in Newcastle and Gateshead engaging with people experiencing multiple and complex needs. Working with your team we support you and a group of peers to undertake peer research to explore an issue, or evaluate any aspect of your service.

What is Peer Research?

True peer research is steered and delivered by people with lived experience of the issues they are studying. They play an active role in the research design, delivery, and presentation of findings, ensuring that the findings are really owned by the research participants. Peer research can be an effective user-involvement tool, where involvement is real and not tokenistic.

People with multiple and complex needs are more inclined to talk to their peers than professionals or workers within an organisation, and so you are likely to capture data and insights you might not hear in a traditional research study.

What is covered in the training?

We offer a 6-week Level 2 NVQ module training in Peer Research Skills for people with lived experience of multiple and complex needs, to conduct research into local service provision.

People who become peer researchers gain new skills, are empowered by taking an active role in research, and share their experiences to influence change. They may be seen as a positive role model by their peers, inspiring them and increasing aspirations.

Topics covered include:

- Understanding research
- Different research methods
- Understanding peer research
- Research ethics
- Informed consent
- Thinking about bias
- Research frameworks
- Developing research questions
- Research methods in focus:
 - Interviews
 - Data analysis
 - Reporting
- Putting it all together: plan a research project

Training is offered on a quarterly basis in Newcastle and Gateshead. For more information, contact our Research and Evaluation Lead: Angela.Broadbridge@fulfillinglives-ng.org.uk or visit our website for latest dates.