

Co-Production Training



Could you use the power of lived experience to improve your service?

Free trauma-informed workforce development training from Fulfilling Lives Newcastle Gateshead (FLNG)

Who is this training for?

This **free** training package is aimed at frontline staff and managers of services that come into contact with people experiencing multiple and complex needs across Newcastle and Gateshead services. This is inclusive training so we value the attendance of people who use services too.

What is Co-Production?

Co-production is where people using services and the people providing those services share power and work together to design, develop or deliver improvements to services. This also involves seeing services as agents for change and seeing people who use services as assets with skills, who gain reciprocally from their contributions towards positive change.

What is covered in the training?

This training was co-produced and is co-facilitated by members of our Experts by Experience Network and we value the inclusion of people with lived experience as active participants at each session.

The course uses a trauma-informed care model of service development and covers:

- an introduction to the history of co-production
- an overview of the theory and general principles of co-production
- key skills and core values underlying the approach.

It is a practical workshop and participants are invited to bring to the training an idea of an activity or area they may be interested in applying co-production to.

Participants will be given the opportunity to develop a bespoke co-production action plan during the session and will be offered a follow-up conversation after the training to provide further advice and assistance if needed.

Training is offered on a quarterly basis as part of FLNG's Trauma-Informed Workforce Development Programme. To find out more and view latest training dates visit our website:

www.fulfillinglives-ng.org.uk