

FULLING LIVES

Newcastle Gateshead

Psychologically Informed Environments (PIE) Training



Could your service use PIE self-assessment to become more trauma-informed?

**Free trauma-informed workforce development training
from Fulfilling Lives Newcastle Gateshead (FLNG)
www.fulfillinglives-ng.org.uk**



**CHANGING
LIVES**

Who is this training for?

This **free** training package is aimed at frontline staff and managers of services in Newcastle and Gateshead that come into contact with people experiencing multiple and complex needs (mental health, substance misuse, accommodation, and/or offending).

What is PIE?

Developing an organisation or service into a Psychologically Informed Environment (PIE) is an approach to developing services that takes into account previous complex trauma as well as the psychological needs of the workforce delivering the service.

The approach takes into account the psychological make-up and past experience of participants, as well as considering the psychological needs of staff: developing skills and knowledge, increasing motivation, job satisfaction and resilience.

What is covered in the training?

Training will be offered in how to facilitate a discussion within the service's staff team to self-assess where the team feel they are currently at in the key PIE areas. We will support staff to identify what helps and hinders the improvement of their service and agree a realistic plan for service improvement. A designated PIE Lead for the service will be identified.

In addition, training will be offered to a designated Reflective Practice Lead in how to facilitate reflective practice sessions. No prior knowledge of PIE or facilitating reflective practice is necessary to take on this role.

These discussions will be evaluated and then repeated six months later to identify any improvements and learning around PIE through the implementation of the two roles. FLNG will then evaluate the learning and improvement and produce a report for those taking part.

Training is offered on a quarterly basis as part of FLNG's Trauma-Informed Workforce Development Programme. To find out more and view latest training dates visit our website:

www.fulfillinglives-ng.org.uk