

FULLING LIVES

Newcastle Gateshead

Systems Thinking Training



Would you like to start thinking more systemically?

**Free trauma-informed workforce development training
from Fulfilling Lives Newcastle Gateshead (FLNG)
www.fulfillinglives-ng.org.uk**



**CHANGING
LIVES**

Who is this training for?

This **free** training package is aimed at frontline staff and managers of services that come into contact with people experiencing multiple and complex needs across Newcastle and Gateshead services.

What is systems thinking?

Systems thinking will encourage you to explore new ways of thinking about the work you do. It provides an opportunity to examine any 'systems' you are part of 'as a whole' and begin to notice how you and others interact with them.

It is a powerful tool to help you understand and begin to change the world around you.

What is covered in the training?

This training will simplify systems thinking and provide a safe space for participants to look at what change means for them and how it can be stimulated in a positive way in their services.

The course uses a trauma-informed care model of service development and covers:

- an introduction to what thinking systemically actually means
- examples of systems thinking at work on a local and national level
- key skills and core values underlying the approach, including the skills needed to collaborate across the system and promote change
- how to understand influence, explore your own influence and create action.

Following the training, participants will be invited back to the training group at follow-up intervals to share progress regarding actions taken and identify any additional support required.

Training is offered on a quarterly basis as part of FLNG's Trauma-Informed Workforce Development Programme. To find out more and view latest training dates visit our website:

www.fulfillinglives-ng.org.uk